


Board of Behavioral Sciences

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LPCC Treatment of Couples and Families QUALIFYING COURSEWORK

Six semester units of nine quarter units specifically focused on the theory and application of marriage and family therapy are required in order to obtain Board confirmation of a licensee's qualifications to assess and treat couples or families. Coursework meeting this requirement must be at the graduate level and must have a primary focus on the following:

- One or more theories related to the marriage and family therapy field, including but not limited to couples therapy, family therapy, family systems/relational therapy and/or family counseling
- AND/OR
- How one or more MFT-related theories can be applied therapeutically with individuals, couples, families, children, adolescents and/or groups

Examples of qualifying course titles include, but are not limited to, the following:

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| <input type="checkbox"/> Marriage counseling | <input type="checkbox"/> Systemic theory and practice |
| <input type="checkbox"/> Couples therapy | <input type="checkbox"/> Systemic family therapy |
| <input type="checkbox"/> Child counseling | <input type="checkbox"/> Structural family therapy |
| <input type="checkbox"/> Child and adolescent therapy | <input type="checkbox"/> Counseling diverse couples and families |
| <input type="checkbox"/> Family counseling | <input type="checkbox"/> Couples and sexuality counseling |
| <input type="checkbox"/> Family systems theory | <input type="checkbox"/> Family interventions |
| <input type="checkbox"/> MFT theories | <input type="checkbox"/> Family dynamics and therapy |
| <input type="checkbox"/> MFT theories and techniques | <input type="checkbox"/> Principles and techniques in child/adolescent/family therapy |
| <input type="checkbox"/> Theories of family therapy and development | <input type="checkbox"/> Addiction and family treatment |
| <input type="checkbox"/> Family therapy counseling skills | <input type="checkbox"/> Play therapy |
| <input type="checkbox"/> Individual and relational therapy | |

More general course titles, if taken from an MFT program, may also qualify. Examples include:

- Counseling theories
- Counseling theory and practice
- Applied therapeutic methodology
- Advanced counseling techniques